Plan the cook

Fill this in on Week 9, Tuesday. Same dish for the stop motion and the cook.

PHOTOGRAPHY & VIDEO
The Cooking Video

MY DISH

How long does it take?

INGREDIENTS (THEY STAR IN THE STOP MOTION)

Shot list

One row per step, in order. Film each step twice and tick each box as you go. Tick “food changes” when you catch it melting, rising, browning or bubbling.

	WHAT HAPPENS	FILMED		CLOSE-UP
1		☐ Wide	☐ Close	☐ Food changes
2		☐ Wide	☐ Close	☐ Food changes
3		☐ Wide	☐ Close	☐ Food changes
4		☐ Wide	☐ Close	☐ Food changes
5		☐ Wide	☐ Close	☐ Food changes
6		☐ Wide	☐ Close	☐ Food changes
7		☐ Wide	☐ Close	☐ Food changes
8		☐ Wide	☐ Close	☐ Food changes
9		☐ Wide	☐ Close	☐ Food changes
10		☐ Wide	☐ Close	☐ Food changes
★	**The finished dish, close and well lit**		☐	

HOW WILL YOU NAME EACH STEP?

☐ Titles on screen ☐ Voice-over, recorded later ☐ Both

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Shoot at home, then edit

Stop motion on Week 9 weeknights. Cook on any days that suit you. Edit in class Week 10, Tuesday and Wednesday.

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STOP MOTION (PART 1): WEEK 9 WEEKNIGHTS

- [ ] Stop Motion Studio, free version
- [ ] Phone sideways on the tripod
- [ ] Colored paper: surface and backdrop
- [ ] One small move per photo, hands out
- [ ] Frame rate set to 12 fps
- [ ] Exposure on manual and locked
- [ ] Soft, even light, no shadows
- [ ] 96 to 120 photos (8 to 10 s)

BEFORE YOU FILM THE COOK

- [ ] Counter cleared: only what you use
- [ ] Phone sideways on the tripod
- [ ] Quiet: no talking while you film
- [ ] Light from a window, from the side
- [ ] AE/AF Lock on the food
- [ ] Clips 10 to 15 s, never one long take

EDIT, ASSIGNMENT 06

- [ ] Stop motion first
- [ ] Wide and close for every step
- [ ] Music low, every word clear
- [ ] Steps in order, every one named
- [ ] Waiting cut: fast motion or dissolve
- [ ] Footage ready for Week 10 Tuesday

Watch out: most cooking videos run long. Trim every clip to the moment that matters: 60 to 90 seconds of cooking.

BEFORE YOU SUBMIT

- [ ] 06: 12 fps, 8 to 10 s
- [ ] Every clip horizontal
- [ ] 07: stop motion first
- [ ] Finished dish at the end
- [ ] Cooking 60 to 90 s
- [ ] Exported at 1080p

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